Purslane with garlic yogurt

Serves 6

Ingredients

500 g	Purslane
600 g	Yogurt 3 glass
7.5 g	Salt 1¼ tsp
6 g	Garlic 2 clove

Allergens

Allergen information is not complete yet. Worked out from the ingredients. It does not cover contact in your kitchen.

Method

1. Wash the purslane in plenty of water, pick it over and chop it coarsely.
2. Mix the yogurt, salt and crushed garlic well.
3. Add the chopped purslane to the yogurt mixture, stir again and serve.

Last changed: November 1, 2026
Sivas İl Kültür ve Turizm Müdürlüğü sitesi, Asırlık Tariflerle Türk Mutfağı (PDF; kitapta yazar, yayıncı ve yıl yok)
tatname.com/en/tarif/yogurtlu-semizotu-salatasi-sivas-asirlik