Purslane salad

Whole recipe

Ingredients

500 g	Purslane
45.6 g	Olive oil ¼ glass
24 g	Lemon juice ½ pc
6 g	Garlic 2 clove
3 g	Salt ½ tsp

Allergens

Allergen information is not complete yet. Worked out from the ingredients. It does not cover contact in your kitchen.

Method

1. Separate the purslane sprigs and arrange them on a serving plate.
2. Crush the garlic, then mix it well with the olive oil, salt and lemon juice.
3. Bring the salad to the table together with the dressing.

Last changed: November 1, 2026
T.C. Millî Eğitim Bakanlığı, Salatalar, Mezeler ve Pişirmeye Hazırlık (2008)
tatname.com/en/tarif/semizotu-salatasi-megep-salatalar-mezeler-ve-pisirmeye-hazirlik