Kurut soup (dried yogurt and wheat berry soup)

Serves 1 · 30 min

Ingredients

20 g	Kurut (dried salted yogurt)
15 g	Pounded wheat (dehulled wheat berries)

Allergens

Allergen information is not complete yet. Worked out from the ingredients. It does not cover contact in your kitchen.

Method

1. Soak the kurut and wheat berries in water the night before.
2. The next day, boil the wheat berries in a pot until soft.
3. In a separate bowl, mash the kurut and stir until it is pourable.
4. Add the mashed kurut over the wheat berries, bring to a boil and cook until it reaches soup consistency, then ladle into bowls.

Last changed: November 1, 2026
ŞURKAV, Dünyanın En Eski Mutfağı Şanlıurfa Yemek Kitabı (2014)
tatname.com/en/tarif/kurut-corbasi-surkav