Lettuce and yogurt cacık (has cacığı)

Serves 1

Ingredients

50 g	Romaine lettuce 1¼ glass
3 g	Garlic 1 clove
150 g	Yogurt ¾ glass
3 g	Salt ½ tsp
3 g	Dried spearmint 1¾ tbsp

Allergens

Allergen information is not complete yet. Worked out from the ingredients. It does not cover contact in your kitchen.

Method

1. Trim the roots off the lettuce, wash it well, drain it and chop it finely.
2. Peel the garlic and crush it.
3. Whisk the yogurt; add the salt, the crushed garlic and the chopped lettuce.
4. Sprinkle the dried mint over it and serve in bowls.

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tatname.com/en/tarif/has-cacigi-surkav