Avanit (Van garlic-yoghurt flour pancake)

Whole recipe

Ingredients

100 g	Wheat flour 1 glass
50 g	Egg 1 pc
12 g	Garlic 4 clove
100 g	Yogurt ½ glass
13.7 g	Olive oil 1 tbsp
5 g	Red pepper flakes 1 tbsp
5 g	Salt ¾ tsp
15 g	Water

Allergens

Allergen information is not complete yet. Worked out from the ingredients. It does not cover contact in your kitchen.

Method

1. Mix the flour and egg. Add the water to bring the batter to the right consistency, then add the salt and mix again.
2. Put the olive oil in a pan and heat the pan for 3-5 minutes. Pour the batter into the hot pan and cook it, shaping it lightly with a fork.
   3 min
3. Once the avanit is on the plate, mix the garlic into the yoghurt and pour it over. Add oil heated with the chili flakes.

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